

EXAMINATION OF CONSCIENCE

Have I done what God asks of me?
Have I prayed to God every morning and every night?
Have I thanked God for my blessings?
(Pause and Reflect)

Have I been obedient to my parents?
Have I shown respect to my teachers and those who take care of me?
Have I watched things on TV that I was not supposed to?
(Pause and Reflect)

Have I been unkind to others in my words and actions?
Have I made fun of other people or talked about them behind their backs?
(Pause and Reflect)

Have I cheated in school or with my friends?
Have I lied? Have I bragged?
Have I wished for bad things to happen to others?
(Pause and Reflect)

Have I shared with others?
Have I taken things that were not mine?
Have I been jealous of other people and their things?
(Pause and Reflect)

Have I fought with other people?
Have I refused to help others when they were in need?
Have I made someone feel bad on purpose?
Have I not forgiven others when they have apologized?
Have I used bad words?
(Pause and Reflect)