



ORDER FOR THE SACRAMENT OF RECONCILIATION

- ✦ Greet the priest:
(Good morning, Father)
- ✦ Make the *Sign of the Cross*
(In the name of the Father, and of the Son, and of the Holy Spirit, Amen)
- ✦ Begin by saying
(Bless me Father, for I have sinned. This is my first Confession. These are my sins.)
- ✦ Mention your sins -- those things that need God's forgiveness.
- ✦ Listen as the priest speaks to you and gives you a penance.
(This is a prayer or action to show your gratefulness for God's forgiveness)
- ✦ Recite the *Act of Contrition (or another forgiveness prayer)*
ACT OF CONTRITION:
My God, I am sorry for my sins with all my heart.
In choosing to do wrong,
and failing to do good,
I have sinned against You,
whom I should love above all things.
I firmly intend, with your help,
to do penance, to sin no more
and avoid whatever leads me to sin.
Our Savior Jesus Christ suffered and died for us.
In His name, my God, have mercy. Amen
- ✦ Listen while the priest prays over you the words of forgiveness - *absolution* - and bless yourself when he makes the Sign of the Cross over you ...
- ✦ As you leave, say
(Thank you, Father.)